



## The NAO Scholarship Fund.

We have collected a sum of \$5,815 from 100 individuals from our local Nepali community as well as some from our out-of-state friends community. It is a remarkable tribute to our community members giving spirit to a noble cause of encouraging higher education and participation in community events among our youth.

We are sincerely grateful to all community members who generously donated to the Scholarship Fund. NAO has already sent out the thank-you letters and the donation receipt to donors.

The total fund raised will be added to the Scholarship fund account established in early 2009. NAO started the fund with an initial contribution of \$500 from its general fund and \$400 received from a local philanthropist Kinoko Thompson. In April 2009, NAO Executive committee unanimously decided to contribute 25 percent of the net profit made in every NAO program. As of September 2010, we have a total of \$8,400 in this fund.

## A List of all contributors to the NAO Scholarship Fund as of September, 2010:

Amit Aryal & Shristy Bhandary  
Amod & Shova B. Chhetri  
Archana & Deepak Shrestha, Wisconsin  
Bandana & Mahesh Shrestha, Wisconsin  
Basanta & Tara Karki  
Bharat & Mira Banskota  
Bibek & Dr. Salona Shrestha  
Bikas & Sabina Raghubansh  
Bikky & Kaori Shrestha, Alaska  
Bikram & Rojita Raghubansh  
Bikram & Mianne Vaidya  
Bimal & Roopa Pathak  
Binaya Shrestha, Massachusetts  
David & Lisiya Singh  
Dhurba & Sujan Munakarmi  
Dibesh & Anupama Shrestha  
Dillu & Sunita Thapa  
Drs. Anuj Regmi & Sunita Paudyal  
DurgaB & Basudha Shrestha  
Ekaman & Anjali Bajracharya  
Gretchen & Achut Baskota  
Jagat & Rajanee Shakya  
Kanhaiya & Narbada Vaidya  
Kinoko Thompson  
Kusha & Anju Bhattarai  
Nancy & David Doss  
Narayan & Mery Gurung

Nischita Shrestha & Jack Stephenson, California  
Prachin Shrestha  
Pradip & Binita Baniya  
Praveen & Deepa Chalise  
Poorna & Subhadra Ranjitkar  
Raj & Lalita Budathoki  
Raja & Sunita Shrestha  
Rajan Dhaubhadel & Smriti Shrestha  
Raju & Minu Mali  
Ramesh & Pabi Bhandari  
Sachin & Kimberly Thapa  
Sachindra & Rama Bajracharya  
Samdup Khangkar Lama  
Sanjeev & Rejina Pradhan  
Sarju & Upasana Rajbhandari  
Satish & Saroj Upadhyay  
Sikchya Tandukar  
Srijana & Ayodhya Batajoo, Wisconsin  
Subas & Sachita Shrestha  
Subash C. & Indira Poudyal  
Suraj & Aruna Aryal  
Sushil Aryal & Shovana Dixit  
Suva Shakya  
Ujwal & Preeti Shrestha  
Uma & Kush Shrestha

## New NAO Executive Committee: 2009-2011

NAO New Executive Committee for 2009-2011 was elected at the NAO general meeting during the Nepali New Year 2066 celebration event on April 17, 2009.

[Pic](#)

Kush Shrestha, (President)

Sanjeev Pradhan, (Vice President)

Sristi Battarai, (General Secretary)

Ekamananda Bajracharya, Treasurer

Alina Tandukar, Member

Bharat Banskota, Member

Binita Baniya, Member

Eresh Suwal, Member

Ganga Sharma, Member

## NAO Executive Committee Advisors:

Bimal Pathak

Kanhaiya Vaidya

Raja Shrestha

Satish Upadhyay

On behalf of Nepali community, each outgoing NAO executive committee members was presented a NAO logo bearing a coffee mug as a token of appreciation.

The highlight of the NY 2066 included a Nepali feast prepared by all community volunteers.

[Photos Click Here:](#)

**We encourage every one to make donation to the fund. Please pledge your donation to the NAO Scholarship Fund.**

## Memorial Fund donation to the Scholarship Fund

Shuddhodan Ranjit donated \$180 raised in the memorial fund in honor of his mother, Laxmi Devi Ranjit, who suddenly passed away in Portland while she was visiting her son and his family.

## The NAO Scholarship Program

Established in 2008, The NAO Scholarship Program will now award scholarships to the deserving graduating seniors of high school from the Nepali community, starting in 2010. To read the scholarship program details including application and selection process, please visit the NAO website: [\[Hyper Link\]](#)

## First NAO Scholarship Award

The first NAO Scholarship is awarded to Manisha Shrestha, Senior, West Salem High School enrolled in University of Oregon. The cash award of \$500 will be presented to her at the Dasain event on October 30, 2010.

Our congratulations to Manisha as she starts her undergraduate education at University of Oregon, Eugene, Oregon.

**NAO Scholarship Selection Task-Force Committee**  
NAO would like to thank community members who volunteered on the candidate selection task-force committee: Jagat Shakya, Sushil Aryal and Subhash Poudyal – for evaluating the application materials.

NAO would also like to acknowledge the volunteer assistance received from Fadel Bader, faculty member of the Portland Community College, who graded essays submitted by the applicants for the NAO scholarship.

### **Membership**

In 2009-2010, we have collected \$1200 from general membership. A list of current members is posted under Current Member section [Hyper-link].

### **Ganga Sharma Acting NAO General Secretary**

NAO general secretary, Srisiti Bhattarai, resigned from her post due to her wedding and the subsequent move to New York, in July 2010. We appreciate all the work she did and wish her well.

NAO executive committee, upon her resignation, appointed executive member Ganga Sharma as an acting general secretary for the remainder of the 2009-2011 term.

### **NAO Regular Activities:**

#### NAO Summer Potluck Picnic 2009

NAO sponsored summer picnic was successfully organized at Cook Park, Tigard on July 11, 2009. About 200 Nepali and Bhutani community members joined the potluck picnic filled with various games and delicious foods all community members brought to share. NAO provided BBQ chicken and other picnic supplies.

In addition to the local summer picnic, NAO representatives also attended the NW Jamghat picnic organized by Nepalese Seattle Society in Seattle. As a part of the Jamghat, NAO also participated in the NW Nepali Friendship Volley Ball team competition. Many members from Oregon attended the Jamghat, including NAO VP Sanjeev Pradhan and IPP Dillu Thapa.

#### NW Jamghat Picnic/2010

The 10th Northwest Jamghat Picnic was organized by NAO on the Labor Day weekend on September 4, 2010 at the Barton City Park, Boring, Oregon. More than 250 participants, including about 90 guests from Nepal Seattle Society (NSS) and Nepal Cultural Society of British Columbia (NCSBC), attended the Jamghat picnic. The NSS President, SriRam Dahal, and NCSBC President, Ratan Rai, also attended the picnic.

The Jamghat picnic event was highlighted by a friendly competition of Volleyball game. The game was won by team NSS and kept the NW Jamghat Running Cup. Team BC was the runner-up. Our congratulations to team NSS and participating players from all three organizations.

Our kids had a special all-day fun playing in the bouncing house and having their faces painted. Many community members volunteered to prepare food for the picnic as well as cook the Nepali dinner at the picnic site.

NAO would like to appreciate the generous contributions made by our community members Satish Shrestha and Sachin Thapa, their contributions covered the major cost of the Jamghat picnic organization.

#### After-Thanksgiving Household Goods Donation Program, 2009

NAO organized a successful event of giving household goods away to the Bhutani refugees from Nepal on November 28, 2009. More than 20 families benefitted from the program. This year, we collected household items: kitchen wares, dinner plates, beddings, quilts, winter jackets, kid's toys, bicycles, baby car-seats, strollers, electronics items and clothings. A group of community youths to helped organize the event. Dillu Thapa, Satish Shrestha and Bhutani community representative Chhabi Koirala helped us coordinate the event.

#### Himalayan Table Tennis Tournament, 2009-2010

The 5th Annual Himalayan Table Tennis Tournament was held in Portland State University on August 8, 2009. Twenty-one players from Portland area as well as a guest from Seattle participated in the tournament. Tournament winners received gift certificates and tournament participation certificates.

Following are the winners list:

Men's Singles Champion    Pemba Sherpa

Women's Singles champion      Pasang Sherpa

### **Recognition for Outstanding Voluntary Contribution**

NAO has been recognizing community members and businesses for their outstanding voluntary contributions to the community and NAO activities in particularly over the years. Their unselfish voluntary contribution has helped NAO to bring the community together. We appreciate their contributions:

Gifts From Afar, 2006

Basanta & Tara Karki, 2007

Kanhaiya Lal & Narvada Vaidya, 2007

Samdup (Lama) Khangkar 2008

Helen Ward, Raju Mali & Family, 2009

### **Constitution Amendment**

On April 17, 2010, several provisions of NAO Constitution were amended to make it more responsive to current community situation and encourage more community participation in the executive committee. Amendments:

General members and life members shall be eligible to file for various positions of the Executive committee of the organization, if he/she remains general member or life member in a good standing for at least a year.

A MEMBERSHIP section has been moved from By-Laws to the main body of constitution so that it will be binding.

Other notable changes include:

--Clarifying previously stated provisions in the current constitution,

--Defining roles of Executive committee, Advisory Committee

--Establishing quorum requirements for proposals and meetings, and

Please visit NAO website for the document:

[Click Here.](#)

### **A Daughter's Letter**

This letter is sent by Neha Bhattarai to her parents Krishna & Shiva Bhattarai in September 2010. Neha is studying Masters program in Emory University, Atlanta. Neha brushed up her Nepali she larned in elementary school in Nepal more than 15 years ago. It is educational for all of us. NAO is very appreciative of Krishna and Shiva Bhatarrair for sharing this letter with us.

## Men's Doubles Champion Pemba Sherpa/Pasang Kazi Sherpa

The 6th Himalayan Table Tennis Tournament, 2010 was held on June 20, 2010 at the Tualatin Hills Athletic Center. A total of 16 participants in Mens's Singles and 7 teams in Men's Double events entered the tournament. The women single competition was not held this year due to a lack of sufficient participation.

Following are the winners list:

Men's Singles Champion Weida Qian

Men's Doubles Champion Weida Qian/ Man Ng Yan

### Orientation for the Class of 2010

A first ever college-bound High School seniors from Nepali community was brought together for the inaugural orientation event. Many of the eleven HS seniors attended 2 hours event at the Tigard Public Library. Neha Bhattarai, Sneha Upadhayay, Srihar Bhattarai & Helen Ward made presentations about various aspects of college life and engaged seniors in question answer sessions.

### NAO Fund Raising: Momo Bhela

The NAO organized second Momo Bhela was successfully held on February 27, 2010 at SleighBell, Sherwood, Oregon. About 150 guests paid \$10 per plate of momo made by NAO volunteers. The fundraising event collected a net of \$917 for the NAO Scholarship Fund

Many community members along with the executive committee members volunteered to make the momo event a grand success. Community members contributed supplies, wines, munchies, their valuable time and labor. NAO appreciates everyone who came forward to help us organize the event successfully.

NAO also organized annual events: Nepali New Year and Dasain as usual with fun-filled variety programs.

नमस्ते । अनी, के छ ? म ठिक छु । आज  
मेले साग र भात बनायो । हजर को चहरी  
संग मीठोथ्यो । र मौली काकुली पकाउने ।  
Yummy!  
यो सन्निभार म Centennial पार्क  
जाने र हाम्रो ईठा खोज्छु । रमाईलो  
हुन्छ ।  
आज मेरा पैक interview थियो । हेरुम  
के हुन्छ । प्यो बनी हुन्छ हुन्छ ।  
यहा गयो छ काम पाउन ।  
मेरा सबै साथी हरू राम्रो हुन ।  
हेरै जसो म Erin, Amy र Lauren संग  
रमाईलो गर्छु । यहा हेरै ठा मान्छे छ  
भारत बट, मत्रै सर्पे गुजराती । फेरी म  
एकले नेपाली । haha!

लत, अहिले कलास को कुर बोरीन्डा छ  
(boring)  
मत्रे मून प्रहा । बाई ।

नीहारिका अहुराई

(हजर को खन्दा राम्रो छैरे ।

## Namaste America

Namaste America Cultural Event was a success. A total of 210 community members including Bhutani community came to enjoy an evening of Nepali music and dances from a group of Nepali artists on Saturday, July 24. The event was organized at Clackamas Community College, Clackamas.

Performing artists and singers were: Aasha Karki, Anju Panta, Bindu Tamang, Him Gyap Tashi, Jagdish Samal, Manjo Raj, and Ranjana Sharma. This event collected a sum of \$3975. The show made a net profit of \$3,097. Namaste America group received 65 percent and NAO 35 percent of the net profit from the show.

The success of Namaste America cultural program was due to efforts and time devoted by many community members and NAO executive committee members. We would like to thank our community members who gave their time and effort in hosting our artists; they are Bikram Vaidya, Binita Baniya, Chabi Koirala, Diwaker Maharjan, and Helen Ward. We are especially grateful to Narayan & Mary Gurung and Achyut & Gretchen Baskota for housing the artists as well as transporting them to and from Seattle. Bikram Vaidya, Dillu Thapa, & Prasanna Pradhan helped us with the light, sound and stage management.

This is what we know about our members in the community. We apologize, in advance, for any omissions. Please let us know if any additions or corrections need to be made.

### Weddings:

In this Summer of 2010, NAO General Secretary, Sristi Bhattarai wed Pradip Sigdel in June in Portland.

NAO member Eresh Suwal married Pasang Sherpa in Nepal this summer.

Also, Ashis Vaidya wed Andrea Freng, and Karishma Thapa Kaushik wed Phurba Sherpa.

Our congratulations and best wishes to the newly married couples.

### New Babies:

Bijaya & Rajesh Maharjan, daughter Shriya  
Chanchala Shrestha & Shantu Lama, son Swarnim

### New residents:

Anup & Dr. Rebika Bijukchhe, 2010

Dr. Dipesh & Sagun Pokharel, 2010

Kamal Lama, 2009

Madan Silwal & Suprima Silwal, 2010

Niraj Bhandari & Lina Thapa, 2009

Prabin & Dipa Thapaliya, 2009

Shantu Lama & Chanchala Shrestha, 2009

Sikchya Tandukar, 2008 & Omkar Parajuli, 2010

Sudarshan Sharma, 2010

Samir Joshi

### Class of 2010

The following students from Nepali community in Oregon gradu-

Dr. Salona & Bibek Shrestha, son Aadit  
Drs. Sunita Paudyal & Anuj Regmi, daughter Medha  
Indira & Bijesh Sahukhal, daughter Luna  
Lisa & Shreekar Bhattarai, daughter Mika  
Nanu & Dharma Dangol, daughter Jenisa  
Rajmani Lama & Kamal Parakh, son Advik  
Sikkhya Tandukar & Omkar Parajuli, son Aadi  
Yuri & Bhupal Poudyal, daughter Hannah Aneja

Proud Grandparents: Vijaya & Bina Upadhyay, grand-son,  
Kaustav (parents: Biraj & Bidhya Upadhyay)

#### Condolences

Ambika Bahadur Chhetri, 65, Father of Amod & Ramod Bahadur Chhetri, 2009  
Chameli Raghubansh, Mother of Basu Dev Raghubansh, Grand-mother of Bikas, Bishal & Bikram Raghubansh, 2009  
Gunaratna Bajracharya, 89, Father of Anjali Bajracharya, 2009  
Laxman P Aryal, 75, Father of Sushil Aryal, 2009  
Laxmi Devi Ranjit, 72, Mother of Shuddodhan Ranjit, 2010  
Maila Ratna Bajracharya, 63, Father of Kusumabati Bajracharya  
Mishri Devi Shrestha, 68, Mother of Rajani Shakya, 2009  
Renu Chalise, 63, Mother of Praveen Chalise, 2008  
Saraswoti Parajuli, 53, Mother of Suraj Parajuli 2010

#### Moved Away:

Biraj & Bidhya Upadhyay to Colorado  
Dil Bahadur & Sabita Majhi to Kansas  
Kailash & Rama Ghimire to Georgia  
Kamal Parakh & Rajmani Lama to New Jersey  
Purna Ranjitkar and family to Washington

ated from local High Schools in 2010:  
Anik B Shrestha, OSU  
Anil Sunwar, PCC  
Ashwin Chhetri, PSU  
Dip Robin Thapa, PCC  
Eiays Bajracharya, OSU  
Javan Ward, UO  
Lisa Gurung, OSU  
Manisha Shrestha, UO  
Senji Lama, PSU  
Shradha Malakar, PSU  
Sudha Malakar, PSU

#### College Graduates:

Alina Tandukar, PSU  
Neha Bhattarai, UO  
Sneha Upadhyay, UO  
Our congratulations and best wishes to our graduates.

#### Community Outreach:

Nritya Mandal Mahaviha in Portland  
Our community member, Prajwal Vajracharya, who also teaches tantric dances, fulfilled his dream of building a temple of spiritual and cultural harmony in Portland. With the help of all his supporters and his own dedication, Prajwal's dream came true.  
A grand opening of Nritya Mandal Mahavihar took place on November 8-11, 2009 amidst variety of events around the consecration ceremonies, including the installation of Buddha statue (pratishtha karma) in the temple, sacred dances and bhajan.  
This establishment, apart from being a spiritual and cultural center to its regular participants, is also a significant landmark to all those who have ties to Nepal or the cultures of Nepal. For those who grew up in Nepal, it is indeed something to be proud of.



#### Open House at Nritya Mandal Mahavihara

On January 31, 2010, at the initiative of community member Satish Shrestha and Prajwal Vajracharya, an open house was organized to welcome community members to the Mahavihara. The program included a brief introduction of the Mahavihara, spiritual and cultural aspects, and a walk tour of temple. Refreshments were provided by the community members.  
For a tour of the Mahavihara, contact Prajwal Vajracharya or visit the temple website: [www.dancemandal.com](http://www.dancemandal.com)

#### 12 Stones Film

Heifer Int'l local chapter, on April 8, 2010 held a special screening of 12 Stones in Portland. The 12 Stones is an inspiring short film about the lives of women in Nepal and the revolutionary changes brought about by a simple act of kindness. Viewers met the women who have overcome monumental challenges to reach self-sufficiency and dignity while helping chart a new course for Nepal. NAO helped promote the event in the local Nepali community.

#### Room to Read Project

Room-to-Read was founded over 10 years ago to help education in rural communities in Nepal. The project was started with providing books for libraries to schools that had none, the organization has now expanded to embrace an ambitious but achievable goal - Education worldwide. This organization has built many schools, built libraries, and provided scholarships to girls. In doing so they have used local resources to the

fullest extent, and has also promoted a new industry in local communities - getting writers, artists and printers to create books for children in local languages.

The project was founded by John Wood, a former Microsoft executive who left his job to take this challenge of providing opportunities for education in under-resourced areas. Our member Satish Shrestha is an active volunteer in the program and is working as a liaison between NAO and the Room to Read. As part of our involvement, NAO helped the program to celebrate 10,000th library in Nepal in Portland on October 21, 2010.

#### Contribution to the Haiti Earthquake Relief Fund

NAO executive committee donated \$251 to the Haiti Earthquake Relief Fund organized by Baltimore Association of Nepalese in America BANA on behalf of Association of Nepal in Americas (ANA). A total amount of \$2,693 collected from various Nepali local organizations was presented to the Haitian Ambassador, H. E. Raymond A. Joseph by BANA President, Ms. Rabina Thapa at a ceremony in Haitian Embassy, Washington, DC on February 16, 2010. The event was attended, among others, by the Ambassador of Nepal H.E. Shankar Prasad Sharma.

#### Nepali Class

In April 2010, several parents from the community came together and organized Nepali classes for school children. Nepali classes were held on Sundays for about 3 months on a trial basis. The venue was mostly at Beaverton Community Center. About 20 children attended the sessions. The goal of the classes was to promote the use of Nepali language among children and help them learn to read and write in Nepali. The age of students ranged from 3 to 18. Classes are expected to continue soon. If you are interested in this program, please contact organizers online by subscribing to: <http://groups.yahoo.com/group/nepalischool/> .

#### NAO in ANA Board of Directors

NAO executive Committee has accepted to join the ANA Board of Directors. The formal invitation was extended by the ANA president Simon Dhungana.

#### Welcome NRN VP, Mukesh Singh from Ohio

On May 1st 2010, NAO organized a get-together to welcome and discuss issues of Nepali diaspora in USA with the senior vice present of NRN National Coordination Council of USA, Mukesh Singh, at Tualatin Public Library. About 15 community members were present at the event. Our thanks to Narayan Gurung for coordinating the program.

#### Pravin ran Hood to Coast 2010

Pravin Chalise ran Hood to Coast 2010 as a member of the Livestrong Market Strategies International team. Paveen's team of 12 runners covered a total distance of 197 miles from Mt. Hood to Seaside, Oregon. Several of his friends and family were at the finish line to cheer him complete the race. His team raised \$30,000 for the LiveStrong Foundation.



#### Race for Cure



A group of Nepali community members participated in the annual event—Race for Breast Cancer Cure organized by Susan G. Koman Foundation in Portland every year since 2000. The Sangi Inspired team of Nepali community is hoping to broaden the awareness of fight against breast cancer in our community

#### Teej Observed

About 100 community members gathered on Sept 10, 2010 at the

Sleigh bell Center in Sherwood to celebrate Teej. The event was highlighted by delicious foods and community women, in their bridal-like finest attire and their dances. Teej fasting is observed by Hindu women, both married and unmarried, for their marital happiness. The Teej feast is followed by an entire day of fasting.

Teej Photo & NW Jamgjat Picnic photos



NAO Financial Summary Report: 2009-2010: through September 30, 2010

NAO Activities	Expense	Income
Opening Balance		\$10,061
2009 Dasain	\$2,411	\$2,832
2009 NAO Contribution to the Scholarship Fund	\$505	\$0
2009 Picnic	\$256	\$0
2010 Momo Bhela	\$379	\$1,296
2010 Namaste America	\$410	\$1,513
2010 NAO Contribution to the Scholarship Fund	\$1,186	\$0
2010 Nepali New Year	\$2,681	\$3,356
Administrative Expenses	\$192	\$0
Bank Inerest/ Adjustment	\$285	\$288
Community Outreach	\$346	\$0
Himalayan Table Tennis Tournament	\$476	\$372
Membership	\$0	\$1,200
Other Income	\$59	\$53
Total	\$9,186	\$10,909
Closing Balance		\$11,783
NAO Scholarship Fund		\$8,724
NAO Natural Relief Fund		\$789