**NAO Activities 2013-2015 ~ At a Glance!**

Below is a summary of NAO activities in 2013-2015.Please visit *NAO website* for the detail information.

* ***College Orientation Seminar***

NAO has been offering an orientation program for the High School seniors, juniors and sophomores since 2010. The orientation is conducted by the admission personnel from local colleges/universities. Urmila Mali, Leena Shrestha, and Swati Shrestha have devoted their time to present in the seminar since 2010. The highlight of the orientation is on applying to colleges, scholarships, how to adapt to college life (newly acquired independence/freedom), managing good grades as well as getting involved in extracurricular activities. The orientation has been proven to be very informative to high school students.

* ***High School Excellence Award***

The **NAO Education Fund** supports *High School Excellence Award* which was started in 2010. This program recognizes and awards $500 to an outstanding student in the Nepali Community of Oregon and Southwest Washington.

* ***NAO Education Scholarship Program in Nepal***

The NAO Education Scholarship Program supports education of 5 students in Nepal throughout their High School as long as they maintain good grades. The total scholarship awarded is $750. We plan to extend the scholarship program to more students in Nepal in future. This program is solely run from the donations collected from our community.

* ***Education Fund Collection***

NAO collected a sum of $2,925.00donations for the NAO Education Fund during 2013-2015. The donations were received from local community members, several friends of our community, and some visitors from Nepal. Intel Corporation contributed a total of $2,275 to recognize the volunteer hours contributed to Nepali School from our community members Jagat Shakya, Sarju Rajbhandari, and Sushil Aryal.

* ***NAO Fund Raising: Momo Bhela, 2014***

Momo Bhela is a fun fundraising event driven by community members for NAO Education and NAO Emergency and Disaster Relief Fund. NAO raised $1,113 at this event. The amount collected from the event was equally divided between two funds. About $1,200 was raised from various donors for the NAO Education fund at this event.

* ***NW Jamghat Picnic***

NAO hosted 12th Northwest Nepali Community “Jamghat” Picnic at Blue Lake Park on August 31, 2013. There were over 400 participants including guests from Vancouver BC, Seattle, and Richmond WA. There was also friendly match of soccer and volleyball between Portland, Seattle and Vancouver team. Please check out 'Photo Gallery' at NAO website to view pictures of the event.

* **Formation of NAO sub-committees**

NAO Cultural Committee, NAO Sports Committee, NAO Literature Committee, and NAO Volunteer- Youth Committee were created in 2013 in order to engage active participation from our community.

* ***Regular Activities***

NAO organized regular activities such as Dashain 2013 & 2014; New Year 2071 BS (in 2014) and 2072 BS (in 2015); and summer picnic in 2014.

* ***Fundraising for charity to Nepal***

NAO organized a fundraiser for Kifas Magar – a disabled student from Morang, Nepal with an initiation from our community member Manoj Pathak. A total of $1,034 was raised.

* ***Seminars and community workshops***
* NAO organized a seminar on "Health" on January 11, 2014. **Dr. Rachana Tiwari** presented a paper on''Obstructive sleep apnea and its health impact'' and **Dr. Prakash Thapaliya** presented a paper on "Screening for Common Cancer." Dr. Sandesh Parajuli anchored the program.
* The NAO Literature Committee organized a workshop on "Nepalese Heritage”. The workshop highlighted on Nepal and Nepal-US relations.
* NAO celebrated 200th “*Bhanu Jayanti”* program at the Beaverton Community Center in 2013.
* ***Volunteer recognition***

NAO has been recognizing outstanding volunteers from the community every year during Dashain Party.

* Excellent Community Service Award 2013 was awarded to Helen Ward and Bernadine Mali.
* Excellent Community Service Award 2014 was awarded to Prasanna Pradhan and Nitu Pradhan.
* ***Miscellaneous Activities***
* Nepali movie *Chha ekan Chha event was held at Beaverton Valley Theater on March 2014.*
* NAO collaborated with Tibetan Association and Bhutanese Association and participated in various events.

*NAO has been helping Nepali newcomers in the community by providing them assistance with finding apartments, helping them adjust to their new employment, building networks with fellow community members and providing them with relevant local information****. Please let us know how we can help you!***

**\*\*\* NAO has over 100 members. If you are not a member yet, please become a member today and show your support to your community organization!!\*\*\***

*For more information please visit us at www.nepaloregon.org*